

TRAINING PROGRAMMES

First Aid Refresher Course

Course Objective: This First Aid Refresher course provides a reminder of the core principles and skills required for basic first aid. It tops up first aiders' knowledge, helping to boost their confidence and put them in the best position to act quickly and appropriately in the event of a workplace incident.

Course Outline

Course Content	
Introduction to first aid	
Managing the situation	
Resuscitation	
Choking	
External bleeding and shock	
Take the test	

Target Audience: All employees

Cost: TT\$ 250.00

Training Method: e-Learning Online

Duration: Self-Paced.

Accreditations: Our First Aid Refresher course is CPD (Continuing Professional Development) accredited. Make a commitment to your professional development to keep your skills and knowledge fresh and up to date.

REGISTER TODAY!

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